

### **EXTRACTION INSTRUCTIONS**

You have just had minor surgery, so it is important that you follow these instructions to avoid infection or any other complication.

- Keep the extraction site clean: (a) do not let food, etc get into the socket.  
(b) do not place your tongue or fingers by /in the surgery site.
- Avoid spitting, vigorous rinsing of your mouth, or sucking on a straw. Any of these actions could:
  - (a) dislodge the blood clot
  - (b) cause excessive bleeding
  - (c) cause alveolitis (dry socket) and pain
- Avoid using the following:
  - (a) candle wax
  - (b) any mouthwash (including Listerine)
  - (c) Aspirin/anbesol on the site
- You may experience mild swelling and soreness for a few days.
- You may find that you have more saliva in your mouth than normal. This is normal. Avoid spitting.
- If you continue bleeding into the evening/night bite on a regular tea bag for 20 mins. If bleeding persists please call the office.
- Continue biting on the gauge in your mouth for another 20 mins. If bleeding has not stopped then, use fresh gauge that has been given to you and bite on it for another 20 mins.
- If you have been given an antibiotic, it is to be taken until all is completed. The pain medication can be used as needed.
- (Parents) Watch your child for the next 1 ½ hours or so (when the area is still anesthetized) to ensure they do not bite their lips or cheeks.

**If you are in unbearable pain, experiencing prolong bleeding or swelling call the office:  
(246) 436-8425/ After Hrs: (246) 252-1770**